

ROSA LUNCH MENU



AVAILABLE MONDAY - FRIDAY | 12PM - 5PM

FOCACCIE

GARLIC BREAD (v/ve)	5.95
GARLIC BREAD CHEESE	6.95
GARLIC BREAD VEGAN CHEESE (v/ve)	6.95
GARLIC BREAD TOMATO (v/ve)	6.50
served with a drizzle of basil oil	
GARLIC BREAD HALF & HALF (v)	6.95
GARLIC BREAD PICCANTE (v)	6.95
tomato base with chilli & red onion	

SIDES

SKIN ON FRIES (V/VE)	3.95
TRUFFLE & PARMESAN FRIES	4.95
ROASTED POTATOES (V)	3.95
with garlic & rosemary	
ROASTED GARLIC MASHED POTATOES	3.95
PORTOBELLO MUSHROOMS (V/VE)	5.50
pan fried with extra virgin olive oil, balsamic vinegar & a touch of garlic	
SPINACH SAUTÉE (V)	4.25
with garlic & cream	
BROCCOLETTI (V)	4.95
tenderstem broccoli sautéed with garlic & chilli	
MIXED VEGETABLES (V)	4.25
ROCKET SALAD (V)	4.25
cherry tomato, parmesan shavings & a balsamic glaze	
MIXED SALAD (V/VE)	4.25
mixed salad leaves, cherry tomatoes, peppers, cucumber & onions in a italian dressing	



FOLLOW OUR SOCIALS

@rosa__barrowford | rosa

Unit 4, The Fountains, Gisburn Road,
Nelson, BB9 6DT

CICCHETTI MENU CHOOSE ANY 3 FOR £13.95

“chi-ket-tee”

Traditional Italian small plates and light bites
served to your table as they're ready.

POLPETTE AL SUGO

homemade meatballs
with tomato sauce
4.95

CALAMARI FRITTI

deep fried calamari
served with garlic
mayonnaise
4.95

FUNGHI CON

AGLIO E CREMA (v)
sautéed mushrooms
with garlic, white wine
& cream
5.25

ARANCINI DELLA CASA

(v)
fried sicilian rice balls
with truffle
4.95

GAMBERONI DIAVOLA

tiger prawns sauteed
with garlic, chilli,
cherry tomatoes &
white wine
(+£2 supplement)
5.95

RAVIOLI DI BURRATA E BASILICO

pasta filled with
burrata mozzarella
served in a creamy
tomato and basil sauce
6.75

POLLO AL PEPE

grilled chicken strips
in peppercorn sauce
5.25

RAVIOLI ROSA AL SALMONE

ravioli filled with
salmon, with pink
peppercorn, a touch
of tomato & cream
6.75

CAESAR SALAD

garlic croutons, baby
gem lettuce, parmesan
shavings & caesar
sauce
(+£2 chicken and pancetta)
5.95

BRUSCHETTA POMODORO

(v)
fresh chopped
tomatoes, garlic olive
oil & basil
4.25

BUFFALO E PARMA

parma ham &
buffalo mozzarella
with basil oil
5.95

BRIE FRITTO

(v)
crispy fried brie with
mango chutney
4.95

MAINS

BAKED COD & KING PRAWN GNOCCHI

With courgette, cherry tomato & cream

14.95

CAESAR SALAD

Garlic croutons, baby gem lettuce, cherry tomatoes, parmesan shavings & caesar sauce

10.95

+ **CHICKEN & PANCETTA 13.95**

CHICKEN CACCIATORE

An Italian classic. Slow cooked boneless chicken thighs cooked with bell peppers, carrots, mushrooms & olives in a rustic tomato sauce, served with rice

11.95

BEEF SPEZZATINO

Slow cooked beef with garlic, tomatoes, carrot, mushrooms & garden peas served with homemade Italian bread

11.95

CAPRESE STEAK SALAD

Beef fillet strips, buffalo mozzarella, cherry tomatoes, sun dried tomatoes, Italian mixed leaf, basil oil & balsamic glaze

12.95

AFTERNOON TEA AL LA ROSA



A selection of bruschetta calabrese, bruschetta pomodoro, pollo calabrese, calamari fritti, gamberoni alla rosa, buffalo e parma, arancini della casa, foccacia, traditional tiramisu & profiterole al cioccolato

Classic - £19.95pp | Prosecco - £24.95pp
Aperol Spritz / Fragola Fizz - £26.95pp

*Served everyday from 12pm - 4pm
Minimum 2 people*

LA PIZZERIA

ALL £10.25 EACH

MARGHERITA (V)

tomato, mozzarella & basil

PIZZA CALZONE

folded pizza with ham, mushrooms, spicy salami & garlic, served with warm tomato sauce

CARNIVORA

chorizo, calabria sausage, italian spicy salami, mozzarella & red onions

AGRODOLCE

spiced chicken with chilli, garlic, cherry tomato, pepperoni & mozzarella

LE PASTA

ALL £10.25 EACH

SPAGHETTI CARBONARA

traditional roman spaghetti with crispy pancetta

PENNE ALFREDO

chicken, garlic, mushroom & cream with a touch of tomato

SPAGHETTI BOLOGNESE

traditional beef ragu with spaghetti & parmesan shavings

RISOTTO AL FUNGI (V)

arborio rice with wild mushrooms & parmesan shavings, with or without truffle oil

[add chicken +£2]

PENNE AL'ARRABIATA (V/VE)

penne pasta in a spicy tomato sauce with chilli, garlic and optional olives
[add chicken or chorizo +£2]

**GLUTEN FREE PIZZA BASES +£2
GLUTEN FREE PENNE PASTA AVAILABLE**

COFFEE & CAKE - £8.95

Your choice of:

Traditional Tiramisu, Sticky Toffee Pudding, Strawberry Cheesecake or Torta Della Nonna, with an Americano, Latte, Cappuccino or English Breakfast Tea